HONG KONG FIRE SERVICES DEPARTMENT

COMMUNITY EMERGENCY PREPAREDNESS DIVISION

Cardiopulmonary Resuscitation (CPR) & Automated External Defibrillator (AED) Online Learning Quiz

Points to Note:

i. This quiz contains 10 multiple-choices questions.
ii. Please circle the correct answer.
iii. You will be given a souvenir by simply showing your completed answer sheet if and when you attend the "Press to shock – Save a life" CPR & AED Course in the future!

Questions:

1. If a person is found collapsed, what should be confirmed in the first instance before performing a rescue?
   a. Whether the patient is breathing or not
   b. Whether the on-site environment is safe

2. What should a lay rescuer check to confirm if the collapsed patient is suffering from cardiac arrest?
   a. The patient's pulse
   b. Any visible rise and fall of the patient's chest

3. How much time should be spent on checking if there is visible rise and fall of the patient's chest?
   a. 1 minute
   b. No more than 10 seconds

4. What is the recommended compression depth for CPR on an adult?
   a. 5-6 cm
   b. Less than 5 cm

5. What is the recommended compression rate per minute for CPR on an adult?
    a. 100 – 120 compressions
    b. No less than 180 compressions

6. Which of the following is the correct procedure for using an AED?
    a. Turn on the device > Attach the electrode pads > Deliver a shock
    b. Turn on the device > Wait > Deliver a shock

7. How can the risk of infection be minimised when performing CPR during the COVID-19 pandemic?
    a. Perform mouth-to-mouth artificial resuscitation
    b. Put a face mask on the patient

8. What to note when performing CPR during the COVID-19 pandemic?
    a. Mouth-to-mouth artificial resuscitation is necessary
    b. Continuous chest compression is necessary

9. What can a rescuer do if he/she cannot recall how to perform appropriate first aid treatment?
    a. Give up on the rescue
    b. Call 999 and follow the FSD's post-dispatch advice

10. Is the use of both CPR and AED the most effective way to rescue cardiac arrest patients?
    a. Yes
    b. No

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